



COSMO TIMES

ROTARY CLUB OF GURGAON COSMOPOLITAN

RI DIST 3011 Club ID C000069836

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MARCH 2023

PRESIDENT'S MESSAGE



Dear Rotarians and fellow members of the Rotary Club of Gurgaon Cosmopolitan,

I hope this message finds you all in good health and high spirits as we reflect on the remarkable activities conducted by our club in the month of March. It gives me immense pleasure to share the impactful initiatives and community service projects that we have undertaken.

"In a gentle way, you can shake the world." These profound words by Mahatma Gandhi perfectly encapsulate the spirit of service that drives us as Rotarians. With unwavering dedication, we continue to make a positive difference in the lives of those we serve.

Firstly, in collaboration with the Association of Property Professionals, the Rotary Club of Gurgaon Cosmopolitan organized a Blood Donation Camp on 4th March 2023 at Galleria Market, DLF-4, Gurgaon. I am delighted to announce that we received a remarkable response, with a total of 61 blood donations, despite a few rejections.

In association with Rajiv Gandhi Cancer Institution and Research Centre, Tanisa Foundation, and Maanas School, we conducted a Free Health Check-up camp on 13th March 2023. I am pleased to inform you that 150 individuals were benefited from this camp, receiving essential health services and screenings. A Mammography Camp was also organized on the same day. During this camp, 12 mammography scans were conducted, contributing to the early detection and prevention of breast cancer.

THE 4-WAY TEST

of the things we
think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned ?

Let us all keep the
above tests in mind
before we say, think or
do anything

In collaboration with the Rotaract Club of Young Souvenirs, we organized a Free Dental Health Check-up Camp at Gurukul - The Earth Saviours Foundation, Gurgaon-Faridabad road, Gurgaon, on 19th March 2023. This project, done jointly with Clove Dental, aimed to promote oral health and provide necessary dental care to the underprivileged. We also distributed toothpaste and toothbrushes to the inmates. Continuing the spirit of service, the Rotaract Club of Young Souvenirs, sponsored by the Rotary Club of Gurgaon Cosmopolitan, celebrated World Rotaract Week at Gurukul - The Earth Saviours Foundation, Gurgaon-Faridabad road, Gurgaon, on 19th March 2023. The members of the Rotaract Club demonstrated their commitment to community service by serving lunch to the inmates, fostering a sense of camaraderie and compassion. Both the events marked the celebration of World Rotaract Week.

In our endeavour to uplift education and support the needs of the underprivileged, our club visited a Government School in Ghata Village for a review meeting. The school had critical requirements including ground water tanks and pipeline connections in male and female washrooms, interlocking tiles in the school front area, a handwashing station, and desktop and printer facilities. We are confident that these needs will be addressed in the forthcoming months, making a significant impact on the students' well-being and educational environment.

During our regular club meeting on 23rd March 2023 at IBIS Hotel, Gurugram, we had the pleasure of hosting Rtn. Urmi Gupta as our in-house speaker. Rtn. Urmi Gupta delivered an enlightening talk on the topic of Astrology - it is not about predictions, sparking engaging discussions and deepening our understanding. We extend our heartfelt appreciation to Rtn. Urmi Gupta for sharing her knowledge, and PP Rtn. Ruchi Rai, along with Rtn. Anshu Jindal, presented her with a token of gratitude.

I am thrilled to announce that our club's remarkable projects have garnered recognition. The Mega Health Check-up Camp with ICAI and the CSR project at Badhshapur School were featured in the March 2023 edition of Rotary News, highlighting our commitment to promoting health and education in the community. Additionally, our World Cancer Awareness Day event at Sushant University was showcased in the February 2023 edition of GML, further amplifying the impact of our endeavours.

I also congratulate Rtn Sarvesh Dutt and R'anne Ritu Dutt on achieving the Milestone of Major Donors (Level 1), their contribution to the Rotary Foundation will definitely contribute to make this world a better place.

Looking ahead, we have exciting events in store. On 5th April 2023, we will be witnessing the Installation of the Interact Club at RPS International School, empowering young minds to serve and make a difference. Furthermore, on 9th April 2023, we will be organizing a Mammography Camp, emphasizing the importance of early detection and women's health.

Let us continue to serve with compassion, dedication, and the determination to create a positive change in our society. Together, we can uplift lives and inspire others to join us in our noble pursuit.

Yours in Rotary,

Rtn Abhishek Aneja

President Rtn. Abhishek Aneja

RI President's Message



Rtn. Jennifer Jones

Introducing the Rotary Youth Network

How do you take the best from the worst?

None of us will forget how the pandemic altered our world and our lives. Each of us had to traverse this period of uncertainty, and no one had a free pass from the effects. I personally believe this has created space for a different kind of global leadership — one that is courageous, empathetic, and vulnerable. I met my good friend Anniela Carracedo online in early 2020. She is one such leader, and I'm thrilled to turn this month's column over to her. — Jennifer Jones

In March 2020, I had a panic attack. I couldn't breathe, and I felt a terrible pain in my chest.

It had been a few days since the World Health Organization declared COVID-19 a global pandemic, and I was in the middle of my year as a Rotary Youth Exchange student in the United States. Think about it: an 18-year-old girl stuck in a different country, with a foreign language, with people she had only met six months before. It was scary. But I am familiar with uncertainty. I was born and raised in Venezuela, which is going through one of the worst humanitarian and political crises in the Western Hemisphere. But my mom always said, "Challenges are nothing more than needs that require a solution."

I called up my Interact and Youth Exchange friends. Together, we organized an online meeting to share projects and get inspired by what everyone else was doing during the quarantine. In that first meeting, we had 70 people, mainly students, from 17 countries. From that beginning, we built an online platform for Rotary youths worldwide to share their experiences and inspire others with project ideas during isolation. We looked for mentors and supporters who would help our group connect young people, share cultures, and open new collaborative opportunities for international service projects. We called it Rotary Interactive Quarantine, or RIQ. After only a year, we engaged with more than 5,000 students from 80 countries. Several of our team members became district Interact representatives and district committee members, and some of us even serve on Rotary International councils. Eventually, quarantine restrictions were being lifted, and the needs of our participants were changing. At our last official meeting as RIQ, Past RI President Barry Rassin inspired us to create even bigger change, so we transformed RIQ into the Rotary Youth Network, or RYN.

A few of our members, including me, were selected to serve on the inaugural Interact Advisory Council, where we presented our vision for youth in Rotary to the RI Board of Directors. Our presentation to the Board inspired President Jennifer and her team to create a Youth Advisory Council in Rotary International, which I am honored to serve on as a co-chair. The Rotary Youth Network officially launched during a breakout session at the 2022 Rotary International Convention in Houston. Five of us, who had participated in Interact, Youth Exchange, and Rotary Youth Leadership Awards, traveled across continents to launch an organization we had kicked off online two years before. The convention was also the first time we had met in person. When my friends and I finished our talk, we realized more than 500 people were giving us a standing ovation. Tears filled our eyes, and the feeling of excitement and accomplishment took over.

Source: <https://my.rotary.org/en/news-media/office-president/presidential-message>

District Governor's Message



Rtn. Ashok Kantoor

Dear Presidents and Team,

We have had a busy start to the Year at R.I. District 3011 and this was followed by a very successful Conference in the month of February and we are grateful for all of your support in helping us achieve this. The month of March also started with an exciting Cricket Tournament which set the tone for teamwork and several meaningful projects.

We have a number of exciting updates about many important projects that we want to make you aware of. One of the most important ones is our commitment to fight cancer and to help people in getting timely treatment for the dreaded disease. In keeping with our resolution this year to ensure early detection and diagnosis, R.I. District 3011 handed over a Battery Operated, 8 Seater Van to I RCH, AIIMS Delhi. The Van will help in providing much needed relief in transportation for patients who have to travel a very long distance to reach the relevant OP. The facility will help facilitate improved collaboration with our Health Partners- AIIMS and will further enhance the mammoth work already being done at I RCH. We are grateful to Rotary Club of Delhi Regency Next and the Cancer Foundation for their dedicated efforts.

Our crusade to save the Environment and to prevent and treat Leprosy also continues and one of the big projects completed in this area was by Rotary Club of Delhi South by inaugurating an On Grid Solar Power Plant and distributing Tricycles, MCR Footwear and other Appliances to Leprosy Patients.

R.I. District 3011 also gave Vocational Service Awards to a small number of exceptional individuals in recognition of their outstanding contributions in their particular fields, or for their service and impact in our region and communities. They were given awards after a rigorous selection process that ensures our recipients share and embody our Rotary values. We had the pleasure of awarding individuals in many different fields, including academia, medicine, entertainment, judiciary, IT and the public and charitable sectors.

It has been yet another very satisfying month and we continued with our sustained efforts in all the areas that we had committed ourselves to, at the start of the Year. Thank you for participating in the Annual Fund Challenge and contributing towards a Fund that saves millions of lives across the world. We will continue with our commendable efforts and carry on Serving Humanity to the best of our ability.

Warm Regards
Yours Sincerely

Rtn Ashok Kantoor
District Governor R.I. District 3011

Source: Abhivyakti | Governor's Monthly Letter | March 2023

Some Events of March 2023

Blood Donation Camp



Rotary Club of Gurgaon Cosmopolitan along with Association of Property Professionals organized Blood Donation Camp which was held on 4th March 2023 at Galleria Market, DLF-4, Gurgaon (Opposite Chaayos/Starbucks). Final count 61 blood donations with about 3 rejections. President Rtn. Abhishek Aneja, PP Rtn. Gopesh Aneja and Rtn. Vivek Duggal attended this camp from our Club.

Free Health Checkup



Free Health Checkup organised in association with Rajiv Gandhi Cancer Institution an Research Centre, Tanisa Foundation and Maanas School at Maanas, 1110, Sec-43, Gurgaon on 13th March 2023. 150 people were benefitted from this camp. President Rtn. Abhishek Aneja, Secretary Rtn. Amit Kumar Jain attended from our Club.

Mammography Camp



Mammography Camp organised in association with Rajiv Gandhi Cancer Institution an Research Centre, Tanisa Foundation and Maanas School at Maanas, 1110, Sec-43, Gurgaon on 13th March 2023. 12 mammograms were check during the camp. President Rtn. Abhishek Aneja, Secretary Rtn. Amit Kumar Jain attended from our Club.

Free Dental Health Checkup Camp



Free Dental Health Checkup Camp was organised in association with our Rotaract Club of Young Souvenirs in collaboration with Clove Dental at Gurukul - The Earth Saviours Foundation, Bandhwari Village, Gurgaon- Faridabad road, Gurgaon on 19th March 2023. We conducted a free dental Checkup Camp along with Clove Dental and distributed tooth paste and tooth brush. This project was jointly done in collaboration with our Rotaractors - Rotaract Club of Young Souvenirs. President Rtn. Abhishek Aneja and Rtn Krishan Aggarwal attended the project.

*Our Rotaract Club celebrated World Rotaract Week
(13th March - 19th March)*



Rotaract Club of Young Souvenirs sponsored by RCGC celebrated World Rotaract Week (13th March - 19th March) at Gurukul - The Earth Saviours Foundation, Bandhwari Village, Gurgaon- Faridabad road, Gurgaon on 19th March 2023. The members of the Rotaract Club also helped in serving lunch to the inmates. President Rtn. Abhishek Aneja and Rtn Krishan Aggarwal attended the project.

Review meeting on WinS Project at Govt. School in Ghata Village



Rotary Club of Gurgaon Cosmopolitan visited for a review meeting at Govt. School in Ghata Village which had following four critical requirements:

1. Ground water Tanks and Pipeline connections in Male/ Female Washrooms
2. Inter-locking tiles in school front area (playground) (appx 2500 sq ft area), as children unintentionally consume lot of dust during play time
3. Hand washing station
4. Desktop and Printer

Most probably this project will be completed in forthcoming months.

District Grant Management Seminar



RI District 3011 organised (ANUDAN) District Grant Management Seminar which was held on 11.3.2023 at PHD House, New Delhi. President Rtn. Abhishek Aneja, Secretary Rtn. Amit Kumar Jain and IPP Rtn. Vivek Duggal attended from our Club.

Regular Club Meeting, Speaker Rtn. Urmi Gupta



Our Regular Club meeting was held on 23rd March 2023 at IBIS Hotel, Gurugram. In-House Speaker for the day was Rtn. Urmi Gupta and she spoke on the topic of Astrology - it is not about predictions, which was appreciated by all. It was followed by the question answer session. He was presented a token of gratitude by PP Rtn. Ruchi Rai with Rtn. Anshu Jindal.

Heartiest Congratulations



Rtn Naveen Chowdhry Rtn Amit Kumar Jain

Rtn Naveen Chowdhry nominated as the President for RY 2024-25 in the Club board meeting held 13th March 2023. RCGC wishing all the best and looking forward for a great years ahead for the Club - RY 2023-24 (Rtn Amit Kumar Jain) and 2024-25 (Rtn Naveen Chowdhry)

Club activities covered in Rotary News, March 2023 issue



We are happy to announce that our clubs project have been featured in the latest (March 2023) edition of Rotary News - Mega Health Checkup Camp with ICAI & CSR project at Badhshpur school.

Club activities covered in GML, February 2023 issue



We are happy to announce that our clubs project have been featured in the latest (February 2023) edition of GML - World Cancer Awareness Day at Sushant University.

Womens Day Celebrations



On the International women's day PP Rtn. Ratan Kumar was specially requested to participate in the award function organized by Nachi Technology, Neemarana on 3rd March 2023 during their audit visit.



From the Desk of the Secretary

ROTARY MONTHS

| | |
|-----|--|
| Jul | Start of new Rotary officers year of service |
| Aug | Membership and New Club Development |
| Sep | Basic Education and Literacy |
| Oct | Economic and Community Development |
| Nov | Rotary Foundation |
| Dec | Disease Prevention and Treatment |
| Jan | Vocational Service |
| Feb | Peace and Conflict Prevention/ Resolution |
| Mar | Water and Sanitation |
| Apr | Maternal and Child Health |
| May | Youth Service |
| Jun | The Rotary Foundation's 110th Anniversary |

Birthdays

| April | |
|-----------------|---------------------|
| 4 th | Rtn Naveen Chowdhry |
| | |

Anniversaries

| April | |
|------------------|--|
| 14 th | R'anne Seema Aneja & Rtn Gopesh Aneja |
| 22 nd | Rtn Abha Wasan & Rtn. Ajay Wasan |
| 29 th | First Lady Isha Aneja & Rtn Abhishek Aneja |

Upcoming events

| | |
|-----------------------------|---|
| 5 th April 2023 | Installation of Interact Club – RPS Intl. |
| 7 th April 2023 | PETS |
| 9 th April 2023 | Mammography Camp |
| 21 st April 2023 | Visit to Akshardham Temple |
| 29-30 April 2023 | SETS |



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